

# Gluten-free items from our menu

**Smoked Seafood Starter** just skip the bread

**Homemade Ratatouille** with rice instead of roll or garlic bread

**Grilled Tuna Steak** with new potatoes, salad or vegetables

**Grilled Fillet of Salmon** with new potatoes, salad or vegetables

**8oz Rump, Sirloin, Fillet or 16oz T-Bone**

with new potatoes, peas, tomato & mushrooms

**Seasonal Salads: Ham, Beef or Smoked Seafood**

(Please order without coleslaw)

**Homemade Chilli-Con Carne** with steamed basmati rice

**Quarter Chicken** with new potatoes & vegetables

**Hickory Smoked Ribs with rice or jacket potato**

(with Salad only, skip the coleslaw)

Please check Specials Boards for our Homemade Gluten Free Curries served with steamed basmati rice:

**Vegetable Curry**

**Chicken Tikka Masala**

**Chicken Curry**

**Chicken & Mushroom Curry**

**Chicken Balti**

**Lamb Balti**

**Lamb Curry**

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**Gluten Free Warm Chocolate Brownie**

With Cornish Clotted Cream or Custard